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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| NOM : | Prénom: | | | | | Observateur : | | | | | | | |
| Difficulté |  |  |  | |  | Entourez un niveau | | | | | |  | |
| Elément gymnique 1 | *Tourner en avant* | N1 |  |  | N2 |  |  | N3 |  |  | N4 |  |  |
| Elément gymnique 2 | *Tourner en arrière* | N1 |  |  | N2 |  |  | N3 |  |  | N4 |  |  |
| Elément gymnique 3 | *Tourner latéralement* | N1 |  |  | N2 |  |  | N3 |  |  | N4 |  |  |
| Elément gymnique 4 | *Se renverser* | N1 |  |  | N2 |  |  | N3 |  |  | N4 |  |  |