

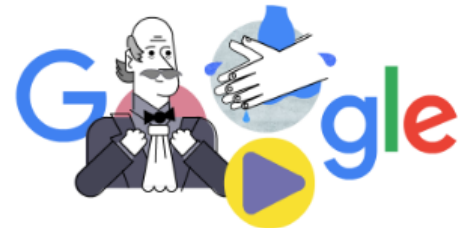


Lesson plan - 1 ASSP

Keep safe! Your health is in your hands. How to stay safe and protect other people

subject

Health & Social Care
Prevention &
hand hygiene



class

1 ASSP

activities



objectives

Final Task - Create the subtitles / soundtrack of a video

Prep Task - Get ready for your next work experience abroad!

linguistic skills

Donner des consignes (impératif, conseil)
After / Before + V-ing
Rebrassage du prétérit (webquest)
Justifier les consignes (connecteurs)

Activity 1 - Understanding

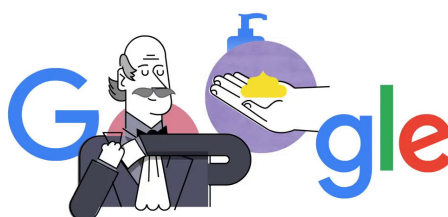
On March 20, 2020, Google released a new Doodle.
Watch the short video.

What is the video about? Choose the right answer.

- a/ saving water
- b/ handwashing
- c/ having a shower

Watch the video again and write the instructions below the corresponding pictures.

What is a **Google Doodle**?
 a special, temporary
alteration of the logo on
 Google's homepage
 intended to **commemorate**
 holidays, events,
 achievements and **honour**
 notable historical figures.











<https://tinyurl.com/r68e7xw>

INSTRUCTIONS

Apply soap / Rub backs of fingers to opposing palms
 Wet your hands with clean running water / Rub nails into palms
 Rinse your hands under clean, running water / Rub thumbs and wrists
 Dry your hands using a clean towel or air dry them
 Rub your hands, palm to palm, with fingers interlaced
 Rub your hands to cover them with soap
 Rub right palm over left with interlaced fingers and vice versa

If you need help, use the poster on the next page.

			
1/	2/	3/	
			
4/	5/	6/	
			
7/	8/	9/	10/

How to Wash Your Hands The 12 Step Checklist



World Health
Organization



Cleaning Agents: Soap & Water.



Duration: 40 – 60 Seconds.



1

Wet your hands with water.



2

Apply soap to cover all of the surfaces of your hands.



3

Rub your hands, palm to palm.



4

Move your right hand over your left hand with interlaced fingers, and vice versa.



5

Ensure your hands are palm to palm and your fingers are interlaced.



6

The backs of your fingers should be matched to your opposing palms with your fingers interlocked.



7

Rotationally rub your left thumb in your clasped right hand and vice versa.



8

Continue rotational rubbing backwards and forwards with your clasped fingers of your right hand in your left palm and vice versa.



9

Rinse your hands with water.



10

Dry your hands thoroughly with a single use towel.



11

Use the towel to turn off the faucet.



12

Your hands are now washed correctly.

If you need help, use a dictionary



References:

<http://www.bradleycorp.com/handwashing>
http://whqlibdoc.who.int/hq/2009/WHO_IER_PSP_2009.07_eng.pdf?ua=1
<http://www.womenyoushouldknow.net/germaphobes-be-warned-survey-reveals-hand-washing-habits-of-men-women-in-public-restrooms/2/>



<http://www.cleanscape.ie/>

Activity 2 - Vocabulary

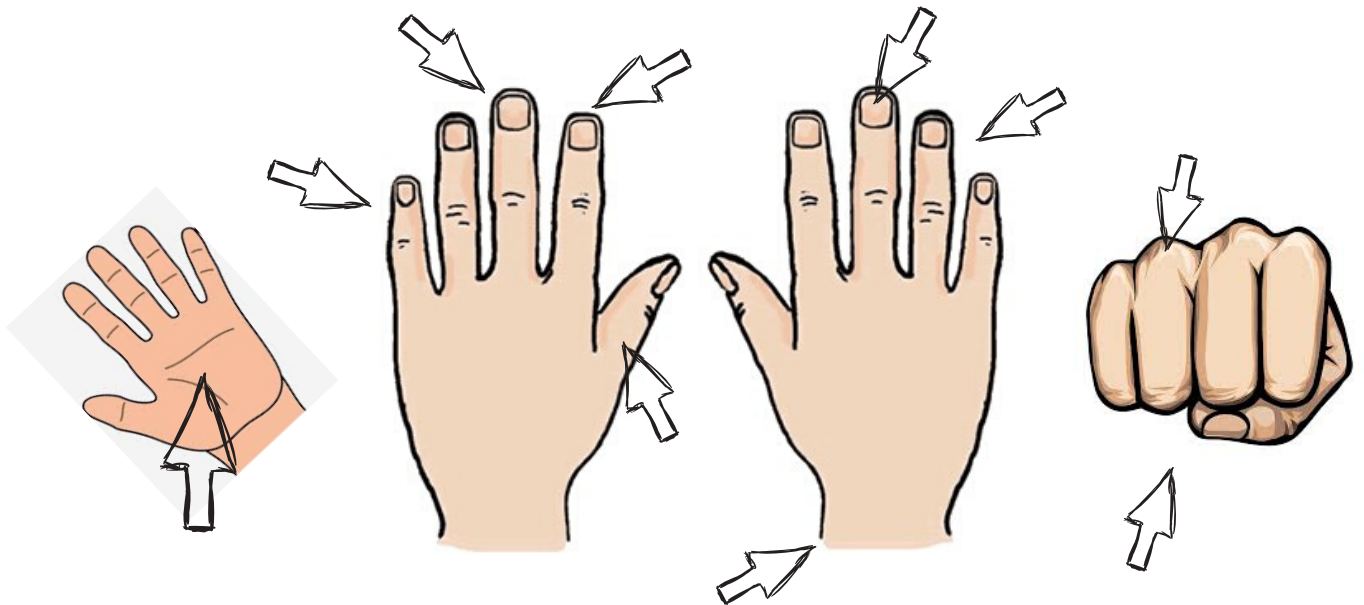
A/ Name the different parts of the hand

nail / fingernail - middle finger

knuckle - thumb - index finger - fist

palm - wrist - little finger - ring finger

Practise on
Quizlet!



B/ Write the corresponding instructions

1/Rub your hands palm to palm

2/Rub your thumbs

3/Rub your hands, palm to palm, with fingers interlaced

4/Wet your hands with clean running water

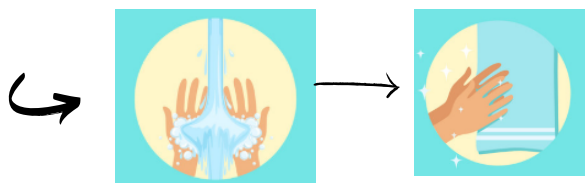
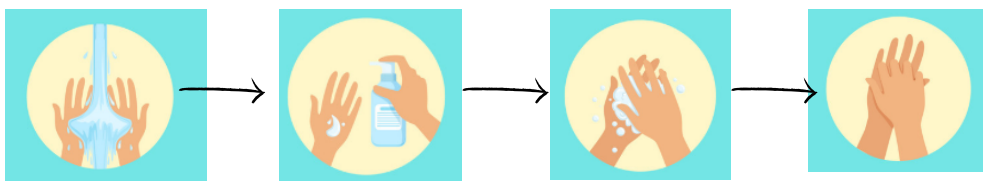
5/Dry your hands using a clean towel

6/Apply soap

7/Rinse your hands

8/Rub your nails into your palms

9/Rub the backs of your hands



Practise on
Quizlet!



Prep task 1 - Get ready for your work experience abroad!

You are going to work for 4 weeks in a British nursery school. Prepare what you are going to say to children in order to make them aware of the importance of handwashing.



→ Explain how they should wash their hands.

Organize your ideas and give some advice.
Use expressions from the toolbox!

Take notes and
record
yourself!

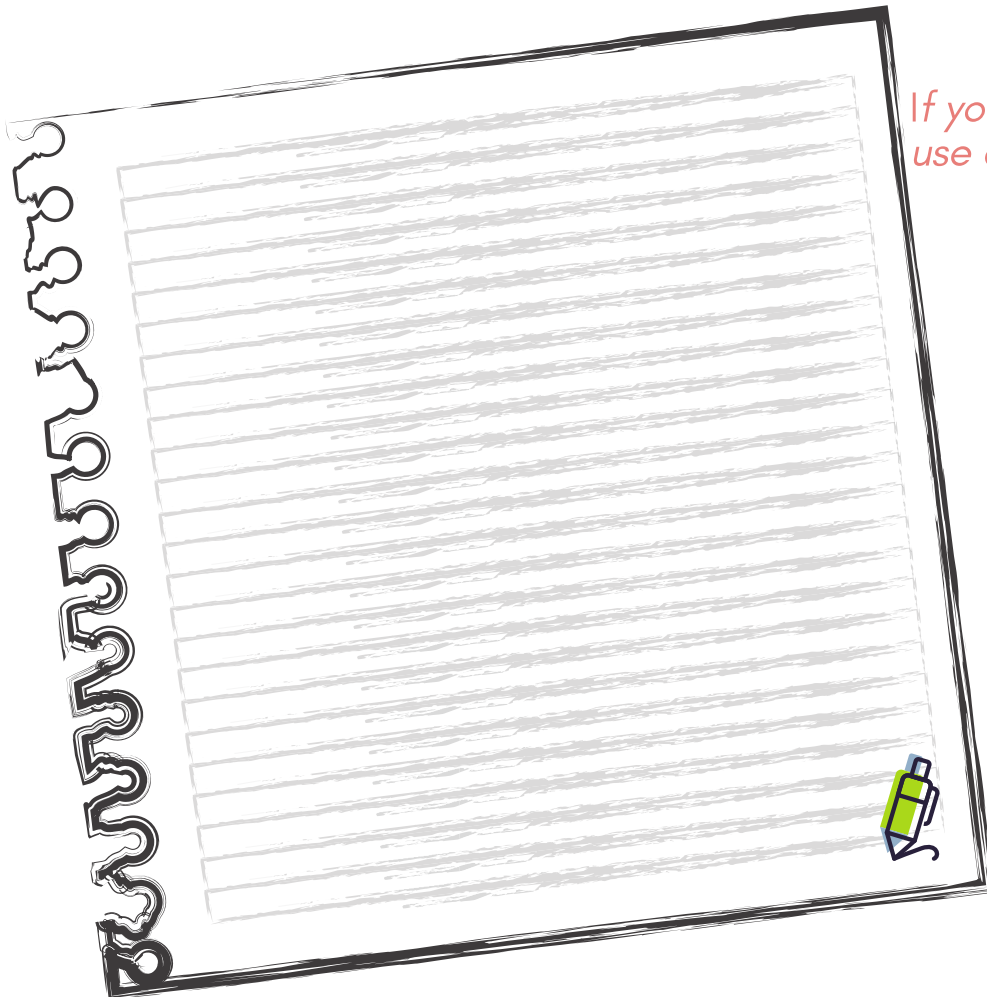


GIVE ADVICE

You should + V
You'd better + V

ORGANIZE YOUR IDEAS

First / Second / And / Then
After / Next
Finally ...



*If you need help,
use a dictionary*



Activity 3 - WEBQUEST

Learn more about the man in the Doodle

Use the links below, read the documents to answer the questions. Make full sentences.



<https://tinyurl.com/yauvrdrm>

<https://tinyurl.com/votl588>

What was his name?

When was he born?

What was his nationality?

What was his job and where did he work?

What problem did he face?

A lot of women

because of ...

What did he demonstrate?

If all medical staff ...

Did people believe him?

Where and when did he die?

*If you need help,
use a dictionary*



RECAP! Use words from the text

<https://tinyurl.com/yx72s3d8>



Dr. Ignaz Semmelweis is widely known as the first person to suggest the life-saving benefits of In 1847, he demonstrated with his work that hands drastically reduced the number of of women after childbirth and the transmission of

Activity 4 - READING

Why is it important to wash your hand?
When should you wash your hands?

Use the documents to complete the grid.

<https://tinyurl.com/y5t4tggz>

<https://tinyurl.com/vloarxd>

TOOLBOX

to avoid: *éviter*

to prevent: *empêcher*

to remove: *enlever*

to spread: *répandre*

http://



Wash your
hands to...



When to wash your hands



FOR MORE INFORMATION...

<https://tinyurl.com/s5cw6b>

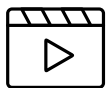


If you need
help, use a
dictionary



Activity 5 - LISTENING

Watch the video, listen carefully and do the activities.



<https://tinyurl.com/usbnqhn>



TOOLBOX

to avoid: *éviter*
to spread: *répandre*
to find: *trouver*
to fall sick: *tomber malade*
a disease: *une maladie*

1/ Listen to the beginning (beginning to 40") and fill in the blanks

..... are microscopic living organisms which can cause infectious
..... . They are so that you can't even see them with your
..... . Thanks to washing your hands with and, you can
eliminate the microbes that are found on your hands at all times.
Washing your hands allows you to falling sick or
microbes to others.

2/ Listen from 41" to 1'. When should you wash your hands? List the different reasons.

- ...
- ...
- ...
- ...
- ...

3/ Listen from 1' to the end and reorder the different steps to wash your hands. Number them (from 1 to 14)! Listen carefully.

- ...1.... Find a place with a working tap or faucet
- Wet your hands and wrists
- then the fingers
- the backs of your hands
- the nails
- the thumbs
- If possible, wipe your hands using some tissue paper
- apply some mild soap to the palms of your hands
- rub your hands together beginning with
- Run the faucet
- then finish with the wrists
- Rinse the soap off your hands with clean water
- then the spaces between the fingers
- the palms of your hands

Practise speaking:
*listen again
and repeat
the different
steps*



*If you need
help, use a
dictionary*



Prep task 2 - Get ready for your work experience abroad!

You are going to work for 4 weeks in a British nursery school. Prepare what you are going to say to children in order to make them aware of the importance of handwashing.



→ **Explain why it's important to wash hands and when to do it.**



Organize your ideas and give some advice.
Use expressions from the toolbox!

Take notes and record yourself!



GIVE ADVICE

You should + V
You'd better + V

ORGANIZE YOUR IDEAS

First / Second
And / Then
After / Next
Finally ...

*If you need help,
use a dictionary*



FINAL TASK

During your work experience in an old people's home, your employer asks you to prepare a tutorial about handwashing that English residents can understand.



Use the Google Doodle and make the subtitles and / or soundtrack. Explain how people should wash their hands. Don't forget to explain at the end why it's important and when to do it.

Organize your ideas, use your notes from the prep-tasks.

Take notes and record yourself!

